



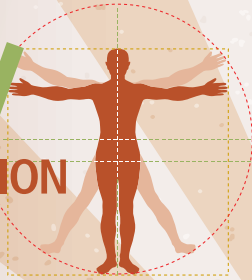
**LEARN HOW
NOT
TO FALL!**

SATURDAY, SEPTEMBER 22, 2018

Fall Prevention Forum!

Ventura County

Fall
PREVENTION
Program



FOR OLDER ADULTS AND THEIR CAREGIVERS
at Ventura Adult & Continuing Education (VACE)
5200 Valentine Road • Ventura, CA 93003

- ★ **TIME: 8 am – 1 pm**
- ★ **FREE LUNCH**
- ★ **RAFFLE PRIZES!**

ESTEEMED PANEL OF SPEAKERS FEATURING:

- ★ **Dr. Stanley C. Patterson**
VCMC Family Practitioner
- ★ **Dr. Thomas K. Duncan**
VCMC Trauma Medical
Director and former
Chief of Staff



DEMONSTRATIONS OF:

- ★ Zumba®
- ★ Matter of Balance
- ★ Stepping On
- ★ Tai Chi

ALSO:

- ★ Health Assessments
and IMMUNIZATIONS



**PRESENTED BY THE VENTURA COUNTY ELDERLY FALL PREVENTION COALITION,
IN COLLABORATION WITH:**



Space is limited.
Call Dina to register:
(805) 477-7300
Press 6 for Fall Prevention

AWESOME

UNIQUE

