## DEALING WITH DEMENTIA



## Thursday, April 25th and May 2nd 1:30-3:30pm

The Dealing with Dementia Program was developed by the Rosalynn Carter Institute as an evidence informed educational support program for caregivers of people living with dementia.

## This 4-hour workshop highlights:

- The caregiving experience
- Understandable explanation of dementia
- · Best practices in caregiving
- Problem solving with dementia behaviors
- Finding time for self-care and stress management



