

Competency Checklist Sepsis

Date:	
Nurse's Name:	
Evaluator's Name:	
Competency:	Sepsis

Indicators of Performance Level Summary

How Met		Level of Competency	
L	Review Labs	1	Below Expected Standards
V	Verbalization/Discussion	2	Fully Meets Standards
T	Test	3	Well Above Standards
N/A	Not Applicable		

The Nurse demonstrates skills and competence in the following:	How met	Level of Competency			Evaluated by:
		1	2	3	
Criteria and Definitions:					
Sepsis					
Temp >100.4°F or <96.8°F					
HR>90/min					
RR>20/min					
WBC >12,000 or <4,000 OR >10% Bands					
Confirmed Infection					
Severe Sepsis					
All of the above plus Organ dysfunction &/or organ failure					
Decreased urine output					
Abrupt change in mental status					
Decrease in platelet count					
Difficulty breathing					
Abnormal heart pumping function					
Abdominal pain					
Septic Shock					
Severe Sepsis with or without hypotension and/or					
Elevated lactate level >36mg/dL					
Medical History:					
Recent infection?					
Recent hospitalization?					
Recent Surgery?					
Over age 65?					
History of MDRO?					
Immunocompromised?					
Wounds or Burn?					
Invasive Device?					

There is no single sign of sepsis. It is, rather, a combination of symptoms. Since sepsis is the result of an infection, symptoms can include infection signs (diarrhea, vomiting, sore throat, etc.), as well as ANY of the symptoms below:

S- Shivering, fever, or very cold

E- Extreme pain or general discomfort

P- Pale or discolored skin

S- Sleepy, difficult to rouse, confused

I- "I feel like I might die"

S- Short of breath

<http://www.cdc.gov.sepsis>